

The investigation of *Cryptosporidium* spp. in water samples by PCR

Su örneklerinde PCR ile *Cryptosporidium* spp. varlığının araştırılması

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SUMMARY

Objective: *Cryptosporidium* spp. are intestinal pathogens of humans and animals. Environmental and tap water samples obtained from different regions in Sivas were examined for the prevalence of *Cryptosporidium* infection.

Methods: Approximately 10 lt of water collected and filtered from spring and tap waters from villages and towns in Sivas province were examined. All samples were examined both with the Modified Acid Fast (MAF) staining method and PCR for the presence of *Cryptosporidium* spp. A genus specific PCR assay was designed for the specific amplification of the 18S SSU rRNA gene.

Results: None of the 92 water samples analyzed by MAF were positive, however 2 water samples (2.2%) from the Kangal and Suşehri counties were positive by PCR.

Conclusions: The PCR technique is more reliable in diagnosing *Cryptosporidium* in water samples. It is possible that the oocysts are decomposed in water and it is difficult to identify them by MAF.

Keywords: PCR, *Cryptosporidium*, water, MAF, Sivas, Turkey

ÖZET

Amaç: Sivas ve çevresinde insanlarda, insanlara kaynak oluşturan insan ve hayvan çıkartılarıyla kirlenme olasılığı yüksek içme ve kullanma sularında bu parazitin prevalansını PCR yöntemiyle saptamaktır.

Yöntem: Bu amaçla; Sivas ilçe ve köylerinden toplam 92 örnekten en az 10 litrelik su örneği plastik bidonlarla toplanmış ve filtre edilmiştir. Modifiye Asit Fast (MAF) boyama yöntemi için yayma preparatları hazırlanmış ve 100x'lik objektifle *Cryptosporidium* spp. yönünden incelenmiştir. Tüm örneklerden DNA izolasyonu ticari bir kit (QIAGEN - QIAamp DNA Stool Mini Kit) kullanılarak yapıldı. Örneklerde *Cryptosporidium* 18S SSU rRNA lokusunun PCR ile çoğaltılması sonucu tanıya gidilmiştir.

Bulgular: İncelenen 92 su örneğinin asit-fast ile hiç birinde PCR ile 2'sinde (%2,2) *Cryptosporidium* spp. saptanmıştır. Pozitif örnekler musluk sularından saptanmış olup kaynak sularında parazit bulunmamıştır. Pozitif örnekler Kangal ve Suşehri ilçelerine bağlı iki köyden elde edilen musluk sularından saptanmıştır.

Sonuç: Çevresel su örneklerinde *Cryptosporidium* varlığı birkaç yöntemle araştırılmalıdır. Direkt ve Asit-fast boyama yöntemiyle yapılan incelemeler başarılı bulunmamıştır. Çünkü su örneklerinde ookistlerin yapısal özellikleri bozulmakta ve tanınmaları zorlaşmaktadır. *Cryptosporidium* spp.'nin saptanmasında PCR daha duyarlı bir yöntemdir.

Anahtar sözcükler: *Cryptosporidium* spp., PCR, su

INTRODUCTION

Cryptosporidium spp. has been recognized as a cause of acute gastroenteritis and diarrhea in immunocompromised and healthy individuals¹. There are two species of *Cryptosporidium*, which are pathogenic to humans: *C. parvum* and *C. hominis*². Other species of *Cryptosporidium* are known to cause infections in domestic and wild animals³. *Cryptosporidium* spp. are transmitted to humans via consumption of contaminated water and food but also by direct contact with infected hosts. A marked increase in the incidence of cryptosporidiosis associated with the contamination of environmental water with human and animal feces has been reported¹⁻⁵, while cases of co-infection with *Giardia intestinalis* have been also described⁶⁻⁹. The first outbreak of human cryptosporidiosis is reported from United States in 1984, and later from several other countries worldwide¹⁰⁻¹⁴. The conventional chlorination of water is inefficient for cryptosporidiosis. A few oocysts taken by drinking water are capable in causing cryptosporidiosis, therefore, it is necessary to apply sensitive techniques for the surveillance of this parasite in the environment. Methods such as filtration, sucrose gradient, and immunomagnetic separation to concentrate of *Cryptosporidium* oocysts from water have been used in recent years^{15, 16}. Direct Fluorescent Antibody (DFA), Enzyme Linked Immunosorbent Assay (ELISA) and polymerase chain reaction (PCR) methods have been used for detection of *Cryptosporidium* spp.¹⁷⁻²¹. The 18S rRNA genes show a 99% similarity between *Cryptosporidium* spp. and primers have been used for the detection of this parasite²².

In the present study the presence and prevalence of *Cryptosporidium* spp. in water samples of Sivas by MAF and PCR methods was aimed.

MATERIAL AND METHODS

Study Location: A total of 92 water samples were collected from the districts of Gürün (n=4), Gemerek (n=1), Kangal (n=30), Akıncılar (n=2), Gölova (n=4), Ulaş (n=6), Suşehri (n=23), Şarkışla (n=3) and Center county (n=19) of Sivas prov-

ince, located in the central Anatolian region of Turkey.

Cryptosporidium control stocks: Unpurified *Cryptosporidium* oocysts were obtained from a calf fecal suspension. Oocysts were purified from fecal samples by sugar flotation method and stored at -20°C.

Collection of water samples and filtration: Overall, 83 tap water and 9 spring water samples were examined. Ten liters of water were taken in sterile containers and filtered using 0.45 µl pore sized cellulose acetate membrane filter with vacuum pumping (Sartorius AG, Goettingen, Germany). The filters were transferred to vials with 10 mL sterile PBS overnight, thereafter they were centrifuged at 2,000 rpm for 5 min. The supernatant was removed, and the pellet was stored for examination by MAF and PCR techniques.

Microscopic examination: All samples were examined by MAF technique under light microscope (Nicon Eclipse E200, Japan) at 100x.

Detection of *Cryptosporidium* by PCR: DNA extraction was performed using the QIAGEN-QIAamp DNA Stool Mini Kit (Qiagen GmbH, Hidden, Germany) according to the manufacturer's instructions. Prior to DNA extraction samples were frozen and thawed 5 times for 30 min at -80°C and 10 min at 56°C. The resulting DNA samples were stored at 4°C and used for PCR, thereafter the PCR samples were stored at -20°C.

Amplification of *Cryptosporidium* 18 S SSU rRNA locus by PCR: PCR was performed according to the protocol of Xiao et al.²². For the first PCR reaction 1 µl DNA was used. For the next step, a product that was about 1.325 bp long was amplified by using the following primers: F1: 5'-TTCTAGAGCTAATACATGCG-3'.

R1: 5'-CCCATTTCCTTCGAAACAGGA-3'. Each PCR mixture (total volume, 100 µL) contained 10 µL of 10x PCR buffer, primers at a concentration of 200 nM, 6 mM MgCl₂, deoxynucleoside triphosphate at a concentration of 200 µM, 2.5 U of Taq polymerase, and 1 µL of DNA template. The amplification reactions were run according to the following PCR program: An

initial step at 94°C for 4 min; 35 cycles of 94°C for 45 s, 55°C for 45 s, 72°C for 60 s; and 72°C for 7 min.

For the secondary PCR step, a PCR product that was 823 bp long was amplified by using 2 µL of the primary PCR product and primers (F2: 5'- GGAAGGGTTGTATTTATTAGATAAAG. R2: 5'- CTCATAAGGTGCTGAAGGAGTA-3'). The PCR mixture were identical to the conditions used for the primary PCR step, except that an initial hot start at 94°C for 3 min was included.

The PCR products were stored at -20°C. PCR products were run on 1.5% agarose gel and visualized by ethidium bromide. In this process a positive control and 50 bp marker (Biomatik DNA Ladder Plus) were used.

Table 1: Districts of sample collection and PCR results.

Districts of sample collection	PCR+%	
Gürün (n=4)	0	0
Gemerek (n=1)	0	0
Kangal (n=30)	1	3.3
Akıncılar (n=2)	0	0
Gölova (n=4)	0	0
Ulaş (n=6)	0	0
Suşehri (n=23)	1	4.3
Şarkışla (n=3)	0	0
Center (n=19)	0	0
Total (n=92)	2	2.2



Figure 1: Agarose gel electrophoresis of Nested PCR products.

RESULTS

Out of 92 samples examined *Cryptosporidium* spp. were found in one tap water sample of the Kangal and Suşehri counties,

each by PCR method (Figure 1), while all examinations by MAF were negative (Table 1).

Lane 1, Molecular weight marker (1,000 bp), Lane 2 and 3, *Cryptosporidium* spp. positive water samples 36 and 72); Lane 4, positive control.

DISCUSSION

Cryptosporidium spp. have been found in animals such as sheep, cattle, birds, fish and reptiles belonging to 79 species. While some species are adapted to a specific host, others survive in several hosts. The first human case of cryptosporidiosis was reported in 1976. Cryptosporidiosis can be fatal, especially in immunocompromised individuals. Many animals as well as humans could be infected with different isolates of *Cryptosporidium* spp. in experimental studies^{3,4}.

Oocysts in tap water systems were reported to be resistant to disinfectant. Therefore, many water-born outbreaks also occurred due to oocysts in chlorinated water. The outbreak, which occurred in 1989 in the UK some 5,000 people became ill, while in 1993 more than 400,000 people in the USA were affected by an outbreak of *Cryptosporidium* spp. *Cryptosporidium* spp. and *Giardia intestinalis* has been responsible for 71% of waterborne outbreaks in the USA¹¹. LeChevalier and his colleagues investigated *Cryptosporidium* oocysts and *Giardia* cysts in water treatment plants of 14 states in the USA, and reported that in 81% *Cryptosporidium* spp. and in 87% *G. intestinalis* were present in the untreated water, while 17% of the filtered water was positive for *Cryptosporidium*, and 27% for *G. intestinalis*.

In Turkey, only one waterborne *Cryptosporidium* outbreak have been reported from a village near İzmir, where *Cryptosporidium* spp. was found in 15 (8%) of the villagers⁶.

In Turkey, the first study on *Cryptosporidium* was conducted in İstanbul by Köksal, and the parasite could not be detected in any of the 40 dam water samples examined by the DFA technique²³. Çeber and his colleagues reported *Cryptosporidium* oocysts in 11% of tap water, sea water and

waste water samples examined in Mersin by MAF²⁴. Later and in another study in the same province, *Cryptosporidium* oocysts were detected in 5.2% of the samples by PCR method²⁵. The genotyping of the parasites revealed that they belong to the species *C. parvum*²⁵. Çiçek et al.²⁶⁻²⁹ examined 440 water samples in the Van province by MAF method and found a positivity rate of 13.1%²⁶. In the present study *Cryptosporidium* spp. were identified in 2.2% of the samples. Today, 22 species of *Cryptosporidium* are known. Earlier, only *Cryptosporidium parvum* was known in humans. Later, using molecular methods, it was reported that there were two different genotypes of *C. parvum*, known as Genotype I and II. More recently, two species are known to infect humans: *C. parvum* and *C. hominis*. While *C. hominis* is known only from humans, *C. parvum* was found also in a number of animals.

Cryptosporidium can be identified in feces, sputum and bile. Several diagnostic methods were used for this purpose; however the molecular diagnostic methods for the detection of the parasite are more sensitive. The diagnosis by staining of the oocysts is difficult due to the decomposition of the oocysts in water samples.

The DFA method when used in conjunction with the immunomagnetic separation method has been shown to increase the chances of finding *Cryptosporidium* spp. in water samples. Today, DFA kits for diagnosis of *Cryptosporidium* spp. are commonly used. These kits are suitable also for the diagnosis of *G. intestinalis*, however there are not able to diagnose to the species level of the *Cryptosporidium*.

The microscopic diagnosis is usually done by experienced people. The sensitivity and specificity of DFA and ELISA methods are high for the detection of *Cryptosporidium* antigen. There are two main target antigens of *Cryptosporidium* with a molecular weight of 15-17 kDa. These are Cp17 (gp 15) and 27 kDa antigens, which are also known as Cp23 antigens. For the isolation of *Cryptosporidium* from clinical and water samples, filtration, concentration and various gradient methods are being used. Molecular diagnostic methods were first used in 1991 for the diagnosis of *Cryptosporidium*

poridium³⁰. Oocysts were detected in the water and feces samples using the nested PCR method Combined with PCR, restriction fragment length polymorphism (PCR-RFLP) as well as real-time PCR for the identification of *Cryptosporidium* spp. are reported to be the most widely used sensitive and specific methods^{8, 25}.

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