

# The effect of boric acid on penicillin induced experimental epilepsy

## Borik asidin penisilin ile indüklenen deneysel epilepsi üzerine etkisi

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### SUMMARY

**Objective:** In daily life, people are exposed to a boron compound, boric acid. This study was designed to investigate the effect of different low doses of boric acid on penicillin-induced epileptiform activity. The role of boric acid in the anticonvulsant effect of gabapentin was also researched.

**Method:** Forty-eight Male Wistar rats were used in this study. After uretan anesthesia, rats were attached to a stereotaxic device. A bipolar electrode was fixed over the left somatomotor cortex for electrocorticography (ECoG) recordings. In the first set of experiments, 30 min after intracortical injection of penicillin (500 IU), four different doses of boric acid were received (5, 10, 20 and 40 mg/kg) intraperitoneally (i.p.). In the second set of experiments, boric acid (20 mg/kg), gabapentin (200 mg/kg) and boric acid (20 mg/kg) + gabapentin (200 mg/kg) combination were administered. Electrocorticography recordings were persisted for 120 minutes after the drug injections and spike frequencies and amplitudes were calculated.

**Results:** Boric acid, at a dose of 5 mg/kg, did not significantly change the means of spike frequency when compared to the control group. At the doses of 10, 20 and 40 mg/kg, boric acid showed proconvulsant activity by increasing the mean spike frequency in the 50, 30 and 30 minutes, respectively. Gabapentin decreased the means of spike frequency in 30 min. Boric acid (20 mg/kg) inhibited the anticonvulsant effect of gabapentin. No significant difference detected between any groups in terms of spike amplitude.

**Conclusions:** The results of the present study show that low doses of boric acid increase penicillin-induced seizures. We suggested that boric acid may show its proconvulsant effect probably via GABAergic pathway.

**Keywords:** Epilepsy, epileptiform activity, penicillin, boric acid, gabapentin

### ÖZET

**Amaç:** Günlük hayatta insanlar, bir bor bileşiği olan borik aside maruz kalmaktadırlar. Bu çalışmada, düşük dozlarda uygulanan borik asidin penisilin kaynaklı epileptiform aktivite üzerindeki etkisini araştırdık. Ayrıca, borik asidin gabapentinin antikonvulsan etkisindeki rolünü de inceledik.

**Yöntem:** Bu çalışmada, kırk sekiz adet erkek Wistar sıçanı kullanıldı. Üretan anesteziinden sonra, sıçanlar stereotaksi aletine bağlandı. Elektrokortikografi kayıtları için sol somatomotor korteks üzerine bir bipolar elektrot sabitlendi. İlk deney setinde, intrakortikal penisilin (500 IU) enjeksiyonundan 30 dakika sonra, dört farklı borik asit dozu (5, 10, 20 ve 40 mg/kg) intraperitoneal olarak uygulandı. İkinci deney setinde, borik asit (20 mg / kg), gabapentin (200 mg/kg) ve borik asit (20 mg/kg) + gabapentin (200 mg/kg) kombinasyonu uygulandı. İlaç enjeksiyonlarından sonra 120 dakika boyunca elektrokortikografi kayıtları kaydedildi ve sonrasında spike frekans ve amplitüdüleri hesaplandı.

**Bulgular:** 5 mg/kg dozunda uygulanan borik asit, kontrol grubuyla karşılaştırıldığında spike frekansını anlamlı ölçüde değiştirmedi. 10, 20 ve 40 mg / kg'lık dozlarında uygulanan borik asit ise, sırasıyla 50., 30. ve 30. dakikalarda ortalama spike frekansını artırarak prokonvulsan aktivite gösterdi. Gabapentin 30. dakikadan sonra ortalama spike frekansını azalttı. 20 mg/kg dozunda uygulanan borik asit, gabapentinin antikonvulsan etkisini inhibe etti. Spike amplitüdü açısından hiçbir grup arasında anlamlı fark bulunmadı.

**Sonuç:** Bu çalışma, borik asidin düşük dozlarının penisilin kaynaklı nöbetleri arttırdığını göstermektedir. Borik asit, bu prokonvulsan etkisini muhtemelen GABAerjik sistem üzerinden göstermektedir.

**Anahtar sözcükler:** Epilepsi, epileptiform aktivite, penisilin, nöbet, gabapentin

## INTRODUCTION

According to World Health Organization, up to 10% of people have one seizure during their lifetime<sup>1</sup>. Seizures are typically separated into two main categories: partial (focal) and generalized. Partial seizures affect one hemisphere of the brain and are the most recurring type of seizure seen in epileptic patients<sup>2</sup>. For the last 80 years, animal models have been the foundation on which many new therapies have been identified for the treatment of epilepsy. Animal models of epilepsy are necessary for developing new powerful antiepileptic drugs and exploration of the basic neuronal dysfunctions. The use of chemical convulsants such as penicillin, which blocks the inhibitory GABA system, provides guidance on new hypotheses regarding the mechanisms of human epilepsy<sup>3</sup>.

Boric acid, a trace element, is a boron compound that found in plants, animals, humans and some technological materials. It is dissolvable in water and can join into biochemical procedures<sup>4</sup>. In daily life, the richest sources of boric acid are fruits, vegetables, pulses, legumes and nuts. The daily average boron intake in the diet is assumed to be around 2 mg per day<sup>5</sup>. Normally, boron is used to kill mites, insects, fungi and algae<sup>6</sup>. However, in some countries it have been used as a drug for vaginitis as fungicide<sup>7</sup> or for wound healing<sup>8</sup>.

Previous studies have revealed that boric acid has toxic effects when applied at higher doses<sup>9</sup>, however it has protective effects at lower doses and it is also suggested that supplemental dietary boric acid is required for physiological processes<sup>10</sup>. Hunt reported that boric acid has protective effects against inflammatory and oxidative damage<sup>11</sup>. Furthermore, boric acid is involved in hormone metabolism, transmembrane signaling, and various enzymatic systems and acts as an antioxidant<sup>12</sup>. It has noted that boric acid decreases axonal and myelin damage in experimental sciatic nerve injury<sup>13</sup>.

While some case reports have shown that boric acid poisoning cause seizures<sup>8, 14</sup>, there was no data showing the effects of boric acid on epileptic seizures at lower doses. Therefore in the present study, we aimed to investigate the effects of boric acid on penicillin-induced epileptic activity in rats, electrophysiologically. Furthermore, the role of boric acid in the effect of gabapentin, an antiepileptic drug which affects GABAergic pathway in brain, was also investigated.

## MATERIAL AND METHODS

### Animals

After experimental procedures were approved by the local ethics committee, male Wistar rats weighing 215-230 gr were obtained from The Animal House of Cumhuriyet University. Rats were housed in environmentally controlled conditions (22-23 °C) on a 12 h light/dark cycle with free access to standart rat food and tap water. Rats were randomly separated into the following groups:

1. 500 IU penicillin (2.5 µL, i.c.) + sterile physiologic saline (1 mL, i.p.)
2. 500 IU penicillin (2.5 µL, i.c.) + 5 mg/kg boric acid (1 mL, i.p.)
3. 500 IU penicillin (2.5 µL, i.c.) + 10 mg/kg boric acid (1 mL, i.p.)
4. 500 IU penicillin (2.5 µL, i.c.) + 20 mg/kg boric acid (1 mL, i.p.)
5. 500 IU penicillin (2.5 µL, i.c.) + 40 mg/kg boric acid (1 mL, i.p.)
6. 500 IU penicillin (2.5 µL, i.c.) + 200 mg/kg gabapentin (0,5 mL, i.p.)
7. 500 IU penicillin (2.5 µL, i.c.) + 200 mg/kg gabapentin (0,5 mL, i.p.) + 20 mg/kg boric acid (1 mL, i.p.)
8. 20 mg/kg boric acid (1 mL, i.p.)

Each group composed of 6 rats.

### Electrocorticography (ECoG) Recordings

Rats were anesthetized with urethane (1.25 g/kg, i.p.) and put in a stereotaxic device. With reference to bregma three holes were opened with a drill (OmniDrill35, WPI, Korea) and two screws were placed over the left somatomotor cortex (positive coordinates: AP: +4.0 mm, LL: 3.0 mm; negative coordinates: AP: -4.0 mm, LL: 3.0 mm), and a reference screw was attached to right hemisphere (coordinates: AP: -4.0 mm, RL: 3.0 mm). A tripolar electrode was wrapped around the screws and the electrode was connected to Powerlab recording system (PowerLab, 4/SP, AD Instruments, Castle Hill, NSW, Australia) by an isolated cable. ECoG activity was continually monitored with the help of the programme Labchart 7 Pro. The frequency and amplitude of the ECoG activity were measured off-line. Value % was calculated for each 10 minutes as the formula: Frequency Value % = (The mean of spike frequency after substance administered /

The mean of spike frequency before substance administered) x 100

## Drugs

Sterile physiological saline, penicillin G potassium (I.E. Ulagay, Turkey), boric acid (99.5 % purity; Sigma Chemical Co., St. Louis, MO, USA) and gabapentin (Sigma Chemical Co., St. Louis, MO, USA) were used in experiments. All of the drugs were dissolved in Sterile physiological saline. Penicillin was injected using a Hamilton microsyringe (type 701N) and the needle stayed in place for a minute to hinder from backflow of the drug. A hole was opened for intracortical (i.c.) penicillin G injection. Penicillin G was injected through Hamilton microsyringe in a volume of 2.5  $\mu$ l into the cerebral cortex using stereotaxic device with the reference to bregma (coordinates AP: -2.0 mm, LL: 2.0 mm, DV: -2 mm from the bone surface). Epileptic spike waves were seen approximately within 2 minutes after penicillin injection. The doses of boric acid (5, 10, 20, 40 mg/kg), gabapentin (200 mg/kg) and boric acid (20 mg/kg) + gabapentin (200 mg/kg) were applied intraperitoneally after 30 min from penicillin injection and recordings were continued for 120 minutes. The dose of gabapentin was chosen according to the previous datas of researches<sup>16,17</sup>.

## Statistical analysis

Statistical comparisons were made using the using SPSS software (ver. 22.0, IBM, Armonk, NY, USA). After the Kolmogorov-Smirnov normality test showed that the data from electrophysiological recordings was normally distributed, one-way analysis of variance (ANOVA) and Tukey-Kramer post hoc test was performed for multiple comparisons. The level of significance was set at  $p < 0.05$ .

## RESULTS

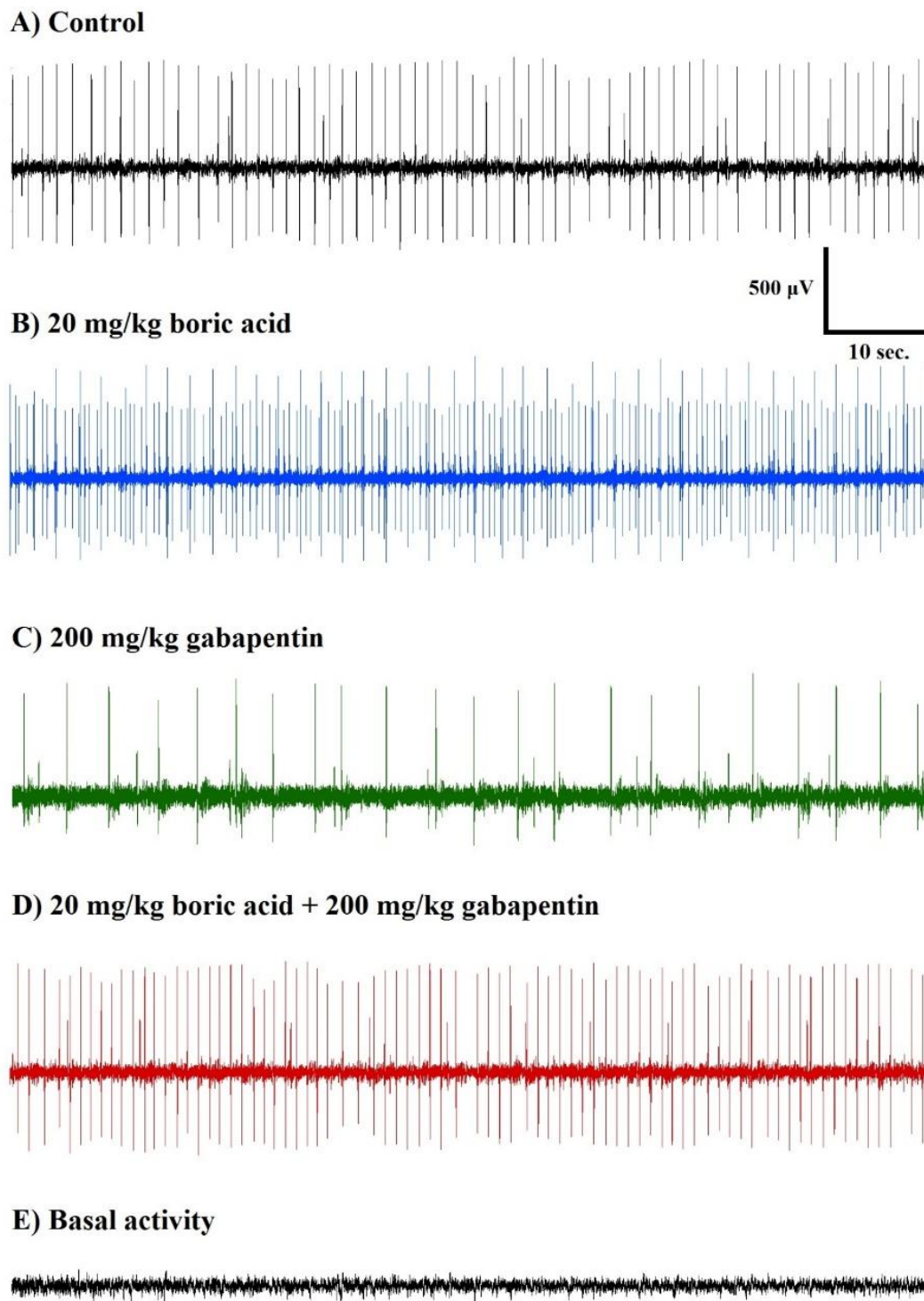
Approximately within 2 minutes after penicillin (500 IU) administration spike waves started and the activity reached a constant level by 30 minutes. At this point, the drugs were injected and the experiments were ended after 2 hours. The means of the spike frequency and amplitude of the epileptiform activity before sterile physiological

saline injection were  $36.5 \pm 2.3$  spike/min and  $937 \pm 73$   $\mu$ V, respectively. In control group, 60 min after saline injection the means of spike frequency and amplitude were  $39.4 \pm 4.6$  spike/min and  $949 \pm 65$   $\mu$ V, respectively (Fig. 1A).

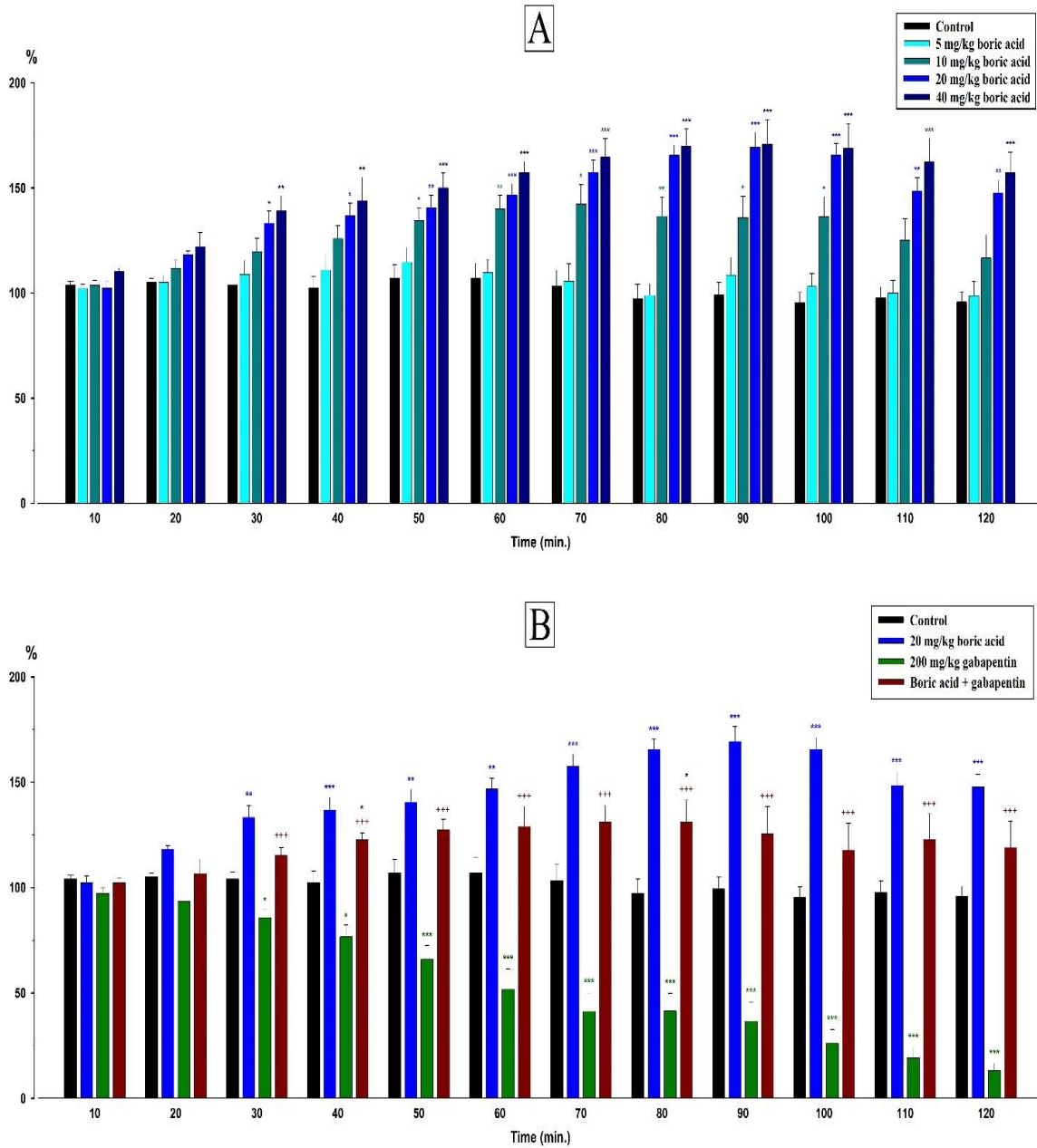
Boric acid was administered 30 min after penicillin injection. Intraperitoneal administration of 5 mg/kg boric acid did not significantly change the means of spike frequency ( $p > 0.05$ ) (Fig. 2A). Boric acid, at a dose of 10 mg/kg (i.p.) increased the mean frequency of the epileptiform activity between 50-100 min ( $p < 0.05$ ) (Fig. 2A). At the doses of 20 and 40 mg/kg, boric acid also showed proconvulsant activity and increased the means of spike frequency in 30 min for both doses (Fig. 2A). Due to there was no significant difference between the doses of 20 and 40 mg/kg of boric acid, 20 mg/kg dose was chosen for combination group. The means of spike frequency and amplitude of epileptiform activity were  $59.8 \pm 5.9$  spike/min and  $961 \pm 80$   $\mu$ V in the 60 min after 20 mg/kg boric acid administration, respectively (Fig. 1B).

200 mg/kg gabapentin was used in the experiments. Gabapentin decreased the mean frequency and showed anticonvulsant activity in 30 min after injection ( $p < 0.05$ ) (Fig. 2B). The means of spike frequency and amplitude of epileptiform activity were  $19.7 \pm 3.4$  spike/min and  $892 \pm 59$   $\mu$ V in the 60 min after 200 mg/kg gabapentin administration, respectively (Fig. 1C). Since the effects of both drugs were started at the same min, gabapentin and effective dose of boric acid (20 mg / kg) were administered at the same time. In combination group, boric acid inhibited the anticonvulsant effect of the gabapentin (200 mg/kg) (Fig. 2B). The means of spike frequency and amplitude of epileptiform activity were  $51.8 \pm 5.6$  spike/min and  $929 \pm 67$   $\mu$ V in the 60 min after boric acid + gabapentin injection, respectively (Fig. 1D).

There was no significant difference between any groups in terms of spike amplitude. No spike activity was observed before penicillin or after the injection of boric acid (20 mg/kg) alone (Fig. 1E).



**Figure 1.** (A) The intracortical injection of penicillin (500 IU) induced epileptiform activity on ECoG. (B) Intraperitoneal administration of boric acid, at a dose of 20  $\mu$ g/kg (i.p.) significantly increased the mean of frequency of epileptiform activity in the 30 min after injection without changing the amplitude. (C) Gabapentin, at a dose of 200 mg/kg (i.p.), significantly decreased the mean of frequency of epileptiform activity in the 30 min after injection without changing the amplitude. (D) Administration of boric acid (20 mg/kg) inhibited the anticonvulsant activity of gabapentin (200 mg/kg). The combination showed proconvulsant activity only in 40 and 80 min. (E) Baseline ECoG activity before penicillin or the injection of boric acid (20 mg/kg) without penicillin. Representative ECoGs are presented for the 60 min after boric acid or sterile physiological saline administration.



**Figure 2.** (A) The effects of intraperitoneal administration of different doses of boric acid (5, 10, 20, 40) on the mean spike frequency of penicillin-induced epileptiform activity. (B) The effects of intraperitoneal administration of gabapentin (200 mg/kg) and boric acid (20 mg/kg) + gabapentin (200 mg/kg) combination on the mean spike frequency of penicillin-induced epileptiform activity. \*p<0.05; \*\*p<0.01; \*\*\*p<0.001 indicate significant differences compared to the control group. +++ p<0.001 indicate significant difference compared to the gabapentin group. The percentage frequency of epileptiform ECoG activity value depends on both the frequency of epileptiform ECoG activity before and after the substance administered as it is defined as:

$$\text{Frequency Value \%} = \frac{\text{The mean of spike frequency after substance administered}}{\text{The mean of spike frequency before substance administered}} \times 100$$

## DISCUSSION

In order to find the effect of boric acid on epileptiform activity, four doses of boric acid were administered 30 min after the penicillin injection. Intraperitoneal administration of boric acid shows proconvulsant activity without changing the spike amplitude. An antiepileptic drug gabapentin decreases the frequency of spike activities. When applied together, boric acid inhibited the anticonvulsant effect of gabapentin.

Boron is a trace element that is essential for the growth of many plants. Boron occurs most frequently in nature as borates and boric acid<sup>18</sup>. Humans consume about 2 milligrams of boric acid per day in nutrients<sup>5</sup>. Numerous laboratories using a variety of experimental models showed that boric acid cause toxic effects at the higher doses<sup>19-21</sup>. On the contrary, neuroprotective properties of boric acid were reported at lower doses of exposure<sup>10, 20, 21</sup>. Hacıoglu et al.<sup>23</sup> suggested that boric acid had potential neuroprotective effects against cellular damage produced by sodium fluoride. Furthermore, Kar et al.<sup>22</sup> demonstrated that treatment with boric acid, at a dose of 25 mM, reduced the MDA levels, increased the NO levels, and decreased CAT activities. They suggest that boric acid had neuroprotective effects against ethanol-induced neurotoxicity as boric acid<sup>22</sup>. Çolak et al.<sup>10</sup> showed that intraperitoneally given low dose of boric acid (3.25 mg/kg/day) for 4 days protect brain against the pathological effects of aluminum chloride (AlCl<sub>3</sub>). In contrast of these studies, the results of the present study confirm that intraperitoneal administration of boric acid, at the doses of 10 mg/kg and above, significantly increased the mean frequency of epileptiform activity without changing the amplitude. Çolak et al.<sup>10</sup> noted that boric acid, at the doses of 36 and 58.5 mg/kg/day, does not prevent the rat brain from neurotoxicity and even increases neurotoxicity and at the end it causes cell death. When the literature is investigated, only this finding supports our data.

Gabapentin is a drug that used for the treatment of seizures and neuropathic pain. It is a derivative of the inhibitory neurotransmitter  $\gamma$ -aminobutyric acid (GABA) originally planned as a GABA-mimetic agent that can freely penetrates the blood-brain barrier<sup>15</sup>. While, gabapentin is structurally similar to GABA, it does not bind to GABA receptors and is not converted to GABA<sup>24</sup>. Published researches suggested that gabapentin increased brain GABA levels by increasing the synthesis of GABA<sup>25</sup> by non-vesicular release of

GABA<sup>26, 27</sup> and by preventing its metabolism<sup>28</sup>. In the present study, we used gabapentin at a dose of 200 mg/kg. Borowicz et al.<sup>16</sup> demonstrated that at a dose of 200 mg/kg, gabapentin increased the electroconvulsive threshold from 6.1 mA to 16.2 mA in mice. Besides, ischemic acute seizures were reduced by intraperitoneal administration of gabapentin at 200 mg/kg and gabapentin reduced brain atrophy at the doses of 150 and 200 mg/kg but not at lower doses. In agreement with these studies, intraperitoneal administration of 200 mg/kg gabapentin decreased the means of spike frequency within 30 min after injection and showed anticonvulsant activity in penicillin induced experimental epilepsy.

On the other hand, there has been only one study that showing the effect of boric acid on GABAergic activity<sup>29</sup>. Bicho et al.<sup>29</sup> demonstrated that boric acid caused an anesthetic effect on enchytraeids and these soil invertebrates did not able to escape the spiked soil. Gene expression results showed that boric acid increased GABA<sub>A</sub> receptor expression<sup>29</sup>. Up-regulation of GABA<sub>A</sub> receptors is explained as a result of initial non-competitively blocking of the ligand-gated GABA<sub>A</sub> receptor ion channels<sup>30</sup>. In the present study, boric acid inhibited the anticonvulsant effect of gabapentin. This result confirm that, there is a possible interaction between boric acid and GABAergic system. Further biochemical and molecular studies are needed to exactly prove these findings.

## CONCLUSION

These data for the first time illustrate that non-toxic low doses of boric acid show proconvulsant activity in experimental epilepsy. Gabapentin decreases the means of spike frequency within 30 min. Since the anticonvulsant effect of gabapentin is inhibited by the administration of boric acid, a physiological relation is suggested between boric acid and the GABAergic system in the model of experimental epilepsy.

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