Research article Araştırma makalesi



COMPARISON OF THE RESULTS OF MINI-PERCUTANEOUS NEPHROLITHOTOMY PERFORMED WITH DIFFERENT SHEATH-SIZES IN PRESCHOOL-AGED CHILDREN

OKUL-ÖNCESI ÇOCUKLARDA FARKLI KILIF BOYUTLARINDA YAPILAN MİNİ-PERKÜTAN NEFROLİTOTOMİ SONUÇLARININ KARŞILAŞTIRMASI

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Öz

Amaç: Bu çalışmada, bebeklerde ve okul öncesi yaş gruplarındaki çocuklarda uygulanan mini perkütan nefrolitotomi (Mini-PCNL)'nin başarı oranını ve komplikasyonları; kompleks böbrek taşları için iki farklı kanal kılıfı boyutuna göre karşılaştırmayı amaçladık.

Materyal ve Metot: Ocak 2002 ile Haziran 2018 tarihleri arasında mini-PCNL uygulanan 7 yaşından küçük 260 pediatrik hastanın kayıtları geriye dönük olarak araştırıldı. Karmaşık böbrek taşı hastalığı olan 149 okul öncesi çocuk ve bebek (66 kız ve 83 erkek) çalışmaya dahil edildi. Çalışmada toplam 158 mini-PCNL gerçekleştirildi ve hastalar kanal kılıfı boyutuna göre iki farklı gruba ayrıldı (14Fr grubu, n = 104; %69.8; 20Fr grubu, n = 45; %30.2). Bulgular: Ortalama hasta yaşı 14Fr ve 20Fr gruplarında sırasıyla 3.5 ± 2.0 ve 5.2 ± 2.2 yıl idi (p = 0.158). Hemoglobin seviyesindeki azalma (0.73 gr / dL; 1.0 gr / dL, p = <0.041), kan transfüzyon oranı (% 3.6; %16.7, p = 0.013), floroskopi süresi (4.29 dk; 5.42 dk, p = <0,001), dakikada ortalama parçalanan taş boyutu (4.29 mm2 / dk; 5.43 mm2 / dk, p = 0,016), ameliyat süresi (65.2 dk; 74.1 dk, p = 0.040), kateter çıkarılma süresi (2.58 gün; 2.89 gün, p = <0.001) ve hastanede kalış süreleri (3.78 gün; 4.67 gün, p = 0.010) açısından 14Fr grubu 20Fr grubuna göre anlamlı düşük düzeylere sahipti. Bununla birlikte, cinsiyet, taşın lateralitesi, yeri, yükü ve opaklığı, hidronefroz varlığı, önceki taş tedavisi sayısı, giriş sayısı, kaliksler, taş temizleme oranı, diversiyon tipleri, komplikasyonlar ve taşsızlık oranları açısından gruplar arasında istatistiksel bir farklılık gözlenmedi.

Sonuçlar: Bu çalışma, okul öncesi çocuklarda ve bebeklerde, 14Fr ile 20Fr kılıfla yapılan mini-PCNL prosedürlerinde 14Fr kılıf boyutunun; hemoglobin seviyesindeki azalma, kan transfüzyon oranı, kateter çıkarma süresi ve hastanede kalış süresi açısından önemli avantajlara sahip olduğunu ve komplikasyon ve taşsızlık oranları açısından ise herhangi bir üstünlüğü olmadığını göstermiştir.

Anahtar kelimeler: Çocuk, endoüroloji, perkütan nefrolitotomi.

Abstract

Aim: In this study, we aimed to compare the success rate and complications of mini percutaneous nephrolithotomy (Mini-PCNL) applied in infants and children in pre-school age groups; in accordance two different tracts sheath sizes for complex kidney stones.

Materials and Methods: Two hundred sixty pediatric patients younger than 7 years old who had undergone mini-PCNL between January 2002 and June 2018 were evaluated retrospectively. 149 preschool children and infants (66 girls and 83 boys) with complex kidney stone disease were included in the study. A total of 158 mini-PCNLs were performed in the study, and patients were divided into two groups according to tract sheath size (14Fr group, n = 104; 69.8%; 20Fr group, n = 45; 30.2%).

Results: The mean age of the patients was 3.5 ± 2.0 and 5.2 ± 2.2 years in the 14Fr and 20Fr groups, respectively (p = 0.158). Decrease in hemoglobin level (respectively, 0.73 gr / dL; 1.0 gr / dL, p = <0.041), blood transfusion rate (respectively, 3.6%; 16.7%, p = 0.013), fluoroscopy time (respectively, 4.29 min; 5.42 min, p = <0.001), average stone size per minute (respectively, 4.29 mm2 / min; 5.43 mm2 / min, p = 0.016), operation time (respectively, 65.2 min; 74.1 min, p = 0.040), catheter removal time (respectively, 2.58 days; 2.89 days, p = <0.001) and the length of hospital stay (respectively, 3.78 days; 4.67 days, p = 0.010), the 14Fr group had significantly lower levels than the 20Fr group. However, no statistical difference was observed between the groups in terms of gender, laterality, location, burden and opacity of the stone, presence of hydronephrosis, number of previous stone treatments, number of access, calyxes, stone removal rate, types of diversion, complications, and stone-free rates.

Conclusions: In this study, in preschool children and infants, in mini-PCNL procedures performed with 14Fr and 20Fr sheath, 14Fr sheath size has important advantages in terms of decrease in hemoglobin level, blood transfusion rate, catheter removal time and hospital stay, and it showed that it has no superiority in terms of complication and stone-free rates.

Keywords: Children, endourology, percutaneous nephrolithotomy.

Introduction

Pediatric urolithiasis is a serious health issue. This issue especially influences toddlers in developing countries. It is a challenge to operate because of the smallness of the urinary system and the probability of recurrence¹. Also, the incidence of urolithiasis increased dramatically (raising 6% per year) among children in the developed countries over years². Therefore, pediatric urolithiasis is a serious health problem for developing and developed countries.

After manuscript reported by Woodside et al.³ in 1985, the treatment of the pediatric stone disease has rapidly evolved, and PCNL has accepted as a generally minimal

invasive procedure in children likewise in adults. Nonetheless, PCNL with standard methods and equipment could have difficulty in pediatric patients with complex kidnev stone disease in consequence of the smallness of urinary tract and collecting system, kidney mobility of the children and, fragile renal parenchyma⁴. A mini-PCNL was first described in pediatric patients by Jackman et al.⁵, by using smaller sized equipment to decrease morbidity and complications of standard PCNL. The mini-PCNL has many advantages with disadvantages, and the most important disadvantages may be a lack of algorithm in use. Moreover, the other disadvantages are the rarer incidence of pediatric kidney stone in pediatric insufficient patient than adults and information about the safety and effectiveness of newer techniques.

Even though evidence of benefit lacks, most pediatric urologists are inspired to use smaller instruments in children. In our study, we criticized the results of minipercutaneous nephrolithotomy (mini-PCNL) by comparing two differently sized tracts (14Fr vs. 20Fr) in children with complex kidney stone disease to discuss this approach.

Materials and Methods

A total of 158 mini-PCNL were performed in 149 infants and preschool-aged children (bilateral in 9 patients) with complex kidney stones from January 2002 to June 2018. Complex calculi were defined as either staghorn or those with a stone bulk larger than 300 mm², involving more than one calyx and the upper ureter⁶. The stone burden was calculated by multiplying of the two-dimensional length of the stones in millimeters. The total stone burden was found by the sum of each stone's areas in the case of multiple stones. Preoperatively, patients were evaluated by urine analysis, urine culture, serum creatinine, other routine blood tests, abdominal and pelvic ultrasonography, abdominal X-ray evaluating especially the kidneys, ureters, and bladder (KUB) and intravenous pyelography. Renal scintigraphy and computerized tomography were examined when required. A primary metabolic evaluation was performed in all patients.

All procedures were performed under general anesthesia with parenteral antibiotic prophylaxis. The patients with urinary tract infections received antibiotic appropriate treatment preoperatively. The procedure started in the lithotomy position with catheterization of ureter with an open-ended 5Fr soft catheter via cystoscopy. Percutaneous access was gained in all cases under guide of fluoroscopy using an 18-gauge access needle in the prone position. A 0.035-inch diameter floppy-tipped hydrophilic guidewire was entered into the renal

pelvis. Tract dilation was done by fascial dilators in the 14Fr group, and then a 14Fr renal sheath was placed following dilation. In the 20Fr group, the tract was dilated gradually by using Amplatz dilators (Boston Scientific), and a 20Fr working sheath was placed.

Children were grouped as the 14Fr group and the 20Fr group in pursuant of the size of the tract. A total of 158 renal units were operated. A 9.5/12Fr pediatric cystourethroscope was used via a 14Fr tract in 112 cases constituting Group 1. A 17Fr pediatric nephroscope (Karl Storz) was used via a 20Fr tract in 46 cases constituting Group 2. An antegrade 7.5Fr flexible ureteroscope (Karl Storz) or 16Fr flexible cysto-urethroscope (Olympus, Tokyo, Japan) were used if the stones could not be reached by the rigid instruments. Lithotripsy was performed by a Holmium: YAG laser. Stone fragments were either irrigated out through the sheath or cleared out by zero-tip nitinol basket catheter and grasping forceps. Residual stone fragments were assessed by fluoroscopic images. After stone vaporization and collection of fragments, a 12Fr re-entry nephrostomy tube was left in pelvis, the renal and antegrade pyelography was worked to evaluate renal pelvis and ureter.

The all patients were followed up for postoperative complications. On the day of surgery, patients were assessed with a complete blood count to determine hemoglobin (Hb) drop. The need for blood transfusion was contingent upon evidence of perioperative bleeding, Hb decline, and findings of anemia. X-ray of KUB was performed to confirm stone-free status on the postoperative day (POD) 1. Ultrasonography was preferred for radiological evaluation in patients with radiolucent stone. The stone-free rate was defined as the nonappearance of visible stone on X-ray of KUB.

In nephrostomized cases, a nephrostogram was routinely obtained on POD 2, then if the patient was stone-free and no-sign of extravasation and a free flow of contrast medium was visualized into the bladder. nephrostomy tube was removed. Ureteral stent was stayed in until the urinary drainage was normal. Each patient was further observed for any postoperative complications. Patients were discharged if they were comfortable, afebrile with clear urine. and not leaking from the nephrostomy site.

Number and location of access points, operative time, fluoroscopy time, Hb drop, blood transfusion, hospitalization time, stone clearance, and complications were recorded. and the procedures were evaluated according to these parameters. Complications of the procedure were assessed bv modified Clavien's classification⁷. Patients' data were introduced into a database prospectively.

The two groups were analyzed regarding patient and stone characteristics, together with postoperative findings Statistical package of the social sciences (SPSS). Data were noted as the number and standard percentage or mean and deviation. Continuous variables were analyzed using Mann-Whitney U test to compare two means. Comparison of the categorical data between groups was performed using the Chi-square test. P values < 0.05 were considered significant.

Results

Overall, 158 mini-PCNL procedures were conducted in 149 infants and preschoolaged children (66 girls and 83 boys) with complex kidney stones. Nine of these children had undergone surgery as a separate session for each kidney. None of children performed a conversion to open surgery or secondary PCNL operation. We did not have to delay operation in the groups due to bleeding or similar problems. Five patients had upper ureteral stones in addition to kidney stones, which were removed by an antegrade approach using a flexible scope. Four children had distal ureteral stone, which was also treated using retrograde ureteroscopic lithotripsy in a single session with mini-PCNL. In another patient, in addition to kidney stone, there was also a 20 mm bladder stone which was removed by percutaneous lithotripsy and a mini-PCNL was performed to the right kidney at the same session. A comparative summary of demographic patients' data and characteristics preoperative for both groups were summarized in Table 1. The mean patient ages of the 14Fr and 20Fr groups were 3.5 ± 2.0 years and 5.2 ± 2.2 years. respectively (p<0.001). The calculated mean stone burden was statistically significantly different between the groups; it was smaller in the 14Fr group (261 mm² versus 403 mm²). Both groups were comparable in terms of gender, laterality of the stone, previous stone treatment history, stone location, opacity, and hydronephrosis status. Perioperative and post-operative findings were shown in Table 2. One access was enough for almost all patients. Only two cases in the 14Fr group and three in 20Fr group needed two accesses. Operative time of the 14Fr series was shorter than that of 20Fr group (65.2 min, 74.1 min, respectively p = 0.040). Mean stone burden was significantly lower in 14Fr group (261 mm^2 , 403 mm^2 respectively, p=0.015). Fluoroscopy time was found to be lower in the 14 Fr group (3.8 min vs. 5.0 min p<0.001). Stone clearance rate (stone size/surgery time) did not be found statistically in between the groups. Intraoperative complications were similar in the two groups. However, there was an advantage for 14Fr group over 20Fr group in terms of significant reduction of Hb drop (0.73 g/dL vs. 1.0 g/dL, p=0.041) and blood transfusion rates (3.6% vs. 16.7%, p=0.013).

Parameter	Group 1	Group 2	р
	(14Fr)	(20Fr)	
Number of patients (%)	104 (69.8)	45 (30.2)	
No. renal units	112	46	
Gender (girl/boy), n	50/54	16/29	0.158
Mean age, years	3.5±2.0	5.2±2.2	<0.001
Laterality (right/left), n	44/59	19/25	0.859
Mean stone burden, mm ²	261±240.7	403±422.6	0.015
Previous stone treatment, n (%)			0.416
SWL	2 (1.9)	3 (6.7)	
PNL	1 (1.0)	0	
Open surgery	0	1 (2.2)	
Preoperative urine culture, n (%)			0.005
Infected	10 (10.1)	13 (30.2)	
Not infected	89 (89.9)	930 (69.9)	
Stone location n (%):			0.179
Pelvis	50 (45.5)	10 (22.7)	
Lower pole	17 (15.5)	8 (18.2)	
Upper pole	5 (4.5)	1 (2.3)	
Pelvis+polar	28 (25.5)	17 (38.6)	
Upper ureter	3 (2.7)	2 (4.5)	
Staghorn	6(5.5)	5 (11.4)	
Semistaghorn	1(0.9)	1 (4.5)	
Opacity, n (%)			0.101
Opaque	105 (93.8)	42 (95.5)	
Nonopaque	17(6.2)	2 (4.5)	
Hydronephrosis, n (%)			0.065
Yes	39 (34.8)	24 (52.2)	
No	73 (65.2)	22 (47.8)	

Table 1 Patients' demographics and preoperative characteristics

SWL: Shock wave lithotripsy, PVL: Penile venous ligation

One child had an indwelling ureteral stent in 14Fr group and one in 20Fr group. There was one patient who required double-J stenting due to an impacted upper ureteral stone in the 14Fr group; the remainder had 12Fr nephrostomy tubes. The mean catheter removal time was significantly shorter in 14Fr group (2.58 days, 2.89 days, respectively p<0.001). Hospitalization time for 14Fr group was lower than that required for 20Fr group (3.78 days vs. 4.67 days, p=0.010).

There was neither a significant complication nor a death in our series. Complication rates were not found to be statistically significant in the groups. Overall, 147 of 158 renal units were stonefree with a single mini-PCNL session (96.4% in 14Fr group and 91.3% in 20Fr group, p=0.182).

Discussion

Evaluation and treatment of urolithiasis in children is dramatically unlike from that in adults and usually requires special instruments. In earlier, urologists were hesitant to perform PCNL in children due to concerns about the use of large equipment in pediatric patient and the risk of major complications. During the past two decades, with the advances in technique and equipment used, operative treatment of urolithiasis in children has evolved efficaciously and PCNL, which is a well-established technique in adults, has become the standard procedure in this age group. Recently published manuscripts about pediatric PCNL have reported the use of adult sized equipments, with acceptable success and complication rates^{3,8}. Since Jackman et al.⁵ and Helal et al.⁹ described the technique of mini-PCNL in children, urologists have been inspired to perform with smaller equipment.

Although the term mini-PCNL is not clearly defined, that may mean the practice with smaller diameter nephroscopes than standard PCNL; a technique utilizing a tract size of 20Fr or less can be categorized as mini-PCNL. Although in earlier, it was thought to be performed for small sized stones, nowadays many urologists have performed mini-PCNL even for large and complex stones with а reasonable clearance rate and faster recovery¹⁰. The optimum technique is still developing with the aim to perform in the smallest track as well as that allows for best stone clearance rate with minimal complication. The mini-PCNL in adult patients is debated, but it is the accepted and common procedure for nephrolithiasis in children¹¹.

In the literature, there is confusion about the classification of PCNL. Generally accepted PCNL classification according to the sheath size consists of the mini PCNL (14-20 Fr), the ultra mini PCNL (9-13 Fr), and the micro PCNL (4.85 Fr). On the other hand, there are studies using different named classifications but with the same sheath size¹². In this study, we did research on sheath differences within the minigroup and found significant PCNL differences between 14 Fr and 20 Fr even though they were within the same classification. Wright at al.¹³ advised that PCNL should be sub-classified according to positioning, sheath size, fragmentation method, and postoperative drainage. This this study supports that sheath classification is inadequate.

Although there are some manuscripts in the literature about the performing of adult versus pediatric instrumentation in pediatric PCNL^{6,14,15}, the reports regarding use of mini-PCNL especially in young children with complex stones are rare¹⁶⁻¹⁹. The presented study aimed to evaluate morbidity and success rates according to the tract sizes in infants and preschool-aged children who had undergone mini-PCNL for complex renal calculi.

Table 2 Operative Data

Parameter	Group 1		р
	(14Fr)	(20Fr)	
No. access	1.04±0.2	1.08±0,2	0.289
Calix accessed			
Upper calyceal	5	2	0.426
Middle calyceal	37	9	
Lower calyceal	64	31	
Mean operative time, min	65.2±29.9	74.1±31.4	0.040
Mean fragmented stone size in per minute, mm ² /min	4.29±3.95	5.42±4.53	0.016
Flouroscopy time, min	3.8±2.8	5.0±2.7	<0.00
Hemoglobin drop, g/dL	0.73±0.70	1.0±0.88	0.041
Blood transfusion, n (%)	3 (3.6)	6 (16.7)	0.013
Diversion, n (%)			
Nephrostomy	105 (93.8)	42 (91.3)	0.583
Tubeless	7 (6.2)	4 (8.7)	
Complications,			
None	101 (90.2)	37 (80.4)	
Clavien 1	1 (0.9)	3 (6.5)	0.063
Clavien 2	7 (6.2)	2 (4.3)	
Clavien 3	3 (2.7)	4 (8.7)	
Mean catheter removal, day	2.58±1.9	2.89±0.9	<0.00
Length of hospital stay, day	3.78±3.6	4.67±3.8	0.010
Stone free rate, n (%)	105 (96.4)	42 (91.3)	0.182

Theoretically, larger diameter of device for the percutaneous tract consequences more parenchymal and vascular injury in smaller kidney. There is a 51% reduction in renal parenchymal volume that is dilated by the 14Fr sheath compared to the 20Fr sheath. Although Webb and Fitzpatrick²⁰ showed that properly placed

dilation to sizes equivalent to 50F in an adult. The concept might be considered as "smaller the percutaneous tract caliber, less trauma caused on renal parenchyma of a growing child, thus less invasiveness in general." Furthermore, the lessen diameter of tract dilation has advantage for possible damage such as a renal infundibular calyceal injury²¹. In a prospective study, several authors reported apparently less hematocrit drop while performing miniutilizing a tract less **PCNL** than 20Fr^{15,22,23}. In our study, the 14Fr group revealed to be more advantageous over 20Fr group regarding the significant reduction of Hb drop (0.73 vs. 1.35 g/dL, p=0.01) and 3.8% of patients in 14Fr and 27.8% of patients in 20Fr sheath group had applied blood transfusions (p=0.023). These findings clearly show the minimal invasiveness of the 14Fr dilation group.

Performing smaller instruments also may decline the torque forces applied to the kidney with instruments. A longer instrument exerts a larger force on the kidney, because of the lever principle¹⁴. Aron et al.¹⁸ reported that torqueing a rigid nephroscope is the only most important provoker of hemorrhages during PCNL. We used flexible ureteroscope and cystourethroscope for locations that could not be arrived by using the rigid instruments in both groups. Flexible instruments can not only reduce transfusion rates but can also increase stone-free rates by decreasing the use of extra access and, also diminishing of the torque affect consequenced by rigid instruments. Another important factor for severe bleeding during PCNL is improper puncture of the collecting system.

The mean catheter removal and hospitalization times in our series were significantly lower in 14Fr group than in the 20Fr group (2.5 days, 2.7 days, p=0.042 and 3.8 days, 4.7 days, p=0.033, respectively). We think that small-sized tract procedure would result in less urinary

leak and would obviously likely to result in less hospital stay.

The clearance rate is the most crucial variables regarding treatment procedure for nephrolithiasis. The stone-free rate in our study was 92.3% in 14Fr and 72.2% in 20Fr group (p=0.073) after PCNL monotherapy with acceptable morbidity. With auxiliary procedures, it increased to 96.1% in 14Fr group and 83.3% in 20Fr group. These results supported the literature within range of 68%-100%^{1,24}. Higher stone-free rates may be due to the lower stone burden in the 14Fr group.

PCNL is not without complications²⁵. As complications classified the we in modified agreement with Clavien's system, we noticed grade 1 complications in one (fever), grade 2 complications in two (postoperative fever requiring antibiotic treatment), grade 3a in one (hydrothorax, managed conservatively with a chest tube) and grade 3b in four (prolonged urinary leakage requiring a double-J stent) patients. All the complications were managed successfully, and patients were discharged without any problems. In our cohort, the intraoperative complications were comparable in the two groups. We did not experience any significant complications such as visceral injuries or sepsis.

The most critical drawback of mini-PCNL is the duration of the operation. Reasons for the observed difference might be diminished intraoperative field visibility, the need for fragmentation by laser into very small stones, and the small sheath. In our experience, visibility was not a major issue regarding the duration of the operation. Visibility is hardly an issue if the access is perfect and minimal visualization difficulties were easilv overcome using retrograde irrigation through the ureteral catheter, which also facilitated spontaneous removal of small stone fragments within the system via the

sheath. In our study, the operative time of the 20Fr group was higher than that of the 14Fr group (85.5 min vs. 75.6 min, p=0.140). The increased operative time in the 20Fr group might be related to the insignificant but higher stone burden and prolonged intracorporeal lithotripsy time required by the Holmium laser. However, there was no significant difference regarding the stone clearance rate (stone size/surgery time) between the two groups.

The limitations of this study included the retrospective nature of the study, together with the restricted number of patients. In the future, prospectively organized, randomized, and controlled studies having larger sample sizes may give us a valid conclusion in this respect and thus, may help to conclude which modality is better.

Conclusion

If performed by skilled and experienced hands, the mini-PCNL technique using 14Fr is a feasible and effective method for best stone clearance achievement in the management for complex renal calculi in children. It is hard to define which access is optimal for which cases. Nonetheless, we observed that tract dilation was one of the essential factors in reducing blood loss and hospital stay. Also, we may say that it has superiority to reduce dilation to the minimum size necessary for efficient stone removal, and the most appropriately sized instruments should be used to minimize the complication rate. We may say that the mini-PCNL technique with 14Fr should be considered as a standard procedure for especially in infants children, and preschool-aged children with complex kidney stones requiring PCNL.

Conflict of Interest

The authors declare that they have no conflict of interest

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