



www.iscs-a.org

IntJSCS is an International Refereed Scientific Journal published quarterly by ISCSA.

IntJSCS is indexed in CrossRef, Google Scholar, Research Bible, Mendeley, Open Access Journals, Academic Keys, Scientific Indexing Services, ASOS, ISAM, Arastirmax; and it is also under evaluation by many primary indexing services.

# Message from the editorial board

We invite high quality articles, review papers, case studies of theoretical, and empirical, conceptual, and experimental researches on social sciences, humanities, and sport sciences in a properly formatted file as per the author guidelines. We assure all the submissions to be evaluated through fast double blind review process by our international scientific board and published in the following issue. Articles submitted in IntJSCS for consideration should not have been published elsewhere and should not be submitted for review elsewhere during the duration of evaluation. We promote researchers to use our open access articles in their researches and to contribute to the development of our journal through their citations.



### Owner of the journal

Dr. Taner BOZKUŞ (tanerbozkus@yahoo.com) President of ISCSA

#### International Editorial Board

#### Editor-in Chief

Dr. Mutlu TURKMEN (turkmenm@yahoo.com) Secretary General of ISCSA

#### Field Editors

Dr. Adel M. ALNASHAR, Prof. (elnashar841@hotmail.com) Coordinator of Graduate Studies, University of Bahrain, BAHRAIN Dr. Ali OZKAN (ali\_ozkan1@hotmail.com) Physical Education and Sport College, Bartin University, TURKEY Dr. Alin LARION (alinlarion@yahoo.com) Faculty of Physical Education and Sport, Ovidius University, Constanta, ROMANIA Dr. Ayad OMAR (humaomar@yahoo.com) Faculty of Physical Education and Sport Sciences, Al-Manar University, Tripoli, LIBYA Dr. Bachir KHELIFI (bachirkhelifi@yahoo.fr) Faculty of Humanities and Social Sciences, University of Mascara, ALGERIA Dr. Balkozar ADAM (badam60@gmail.com) School of Medicine, University of Missouri, Columbia, USA Dr. Cetin YAMAN (cetinyaman@yahoo.com) Physical Education and Sport College, Sakarya University, TURKEY Dr. Dusan MITIC, Prof. (dusan.mitic@fsfv.bg.ac.rs) Faculty of Sports and Physical Education, Belgrade University, SERBIA Dr. Ferman KONUKMAN (fkonukma@brockport.edu) The College at Brockport University of New York, USA Dr. Ibrahim SABATIN (sabateenibrahim2002@yahoo.com) Ministry of Education, Linguistic Department, PALESTINE Dr. Jwo HANK, Prof. (t08006@ntnu.edu.tw) Departmen of Physical Education, National Taiwan Normal University, TAIWAN Dr. Kalliope PAVLI (kalliopep@hotmail.com) Panteion University of Social & Political Sciences, Athens, GREECE Dr. Khadraoui Mohamed HABIB (mhkhadhra@yahoo.fr) Institute of Animation for Youth and Culture, Tunis University, TUNISIA Dr. Mitra Rouhi DEHKORDI (mitrarouhi@gmail.com) Physical Education of Nasibe Faculty, Farhanghian University, IRAN Dr. Murat KUL (muratkul61@gmail.com) Physical Education and Sport College, Bartin University, **TURKEY** Dr. Mustafa HİZMETLİ (mustafahizmetli@gmail.com) Faculty of Letters, Bartin University, TURKEY Dr. Nadim ALWATTAR, Prof. (nadhimyousif@yahoo.com) Physical Education and Sport College, University of Mosul, IRAQ Dr. Sirajul İslam MOLLA (sim@icddrb.org) Managing editor of JHPN, BANGLADESH



## International Advisory Board

Chair of Board: Prof. Dr. Erdal ZORBA (erdalzorba@hotmail.com) President of Balkan & Turkish Sport for All Federation, TURKEY	
Prof. Dr. Benkazdali Hadj MOHAMED (beghadj@yahoo.fr) Director of Physical Education and Sport College, Mostaganem University, <b>ALGERIA</b>	
Prof. Dr. Baojun ZHANG (doicae@qq.com) Director of Dep of Int Cooperation, Beijing Language and Culture University, <b>CHINA</b>	
Prof. Dr. İ. Hakkı MİRİCİ (ismailm@tr.net) <i>Former President/Board Member of World Council for Curriculum and Instruction, <b>TURKEY</b></i>	
Prof. Dr. Daniela DASHEVA (dahsheva@nsa.bg) National Sports Academy, Vassil Levski, Sofia, <b>BULGARIA</b>	
Prof. Dr. Dana BADAU (danab3377@yahoo.com) <i>President of National Sport for All Federation, <b>ROMANIA</b></i>	
Prof. Dr. Hayati BESIRLI (hayatibesirli@gmail.com) Head of Sociology Department, Gazi University, Ankara, <b>TURKEY</b>	
Prof. Dr. Ju-Ho CHANG (changjuhd@hotmail.com) President of International Sport for All Federation (TAFISA), <b>S. KOREA</b>	
Prof. Dr. Mona Saleh Al ANSARI (alansarim@edu.uob.bh) Dean of Physical Education and Physiotherapy College, University of Bahrain, <b>BAHRAIN</b>	
Prof. Dr. Musa YILDIZ (musayildiz@hotmail.com) <i>Rector, Ahmet Yesevi University, Turkistan, <b>KAZAKHSTAN</b></i>	
Prof. Dr. Robert SCNEIDER (rschneid@brockport.edu) <i>The College at Brockport University of New York, <b>USA</b></i>	
Prof. Dr. Yasuo YAMAGUCI (yasuoyama@nifty.com) <i>President of National Sport for All Federation, JAPAN</i>	
Prof. Dr. Ifet MAHMUTOVIC (ifetmahmutovic@gmail.com) University of Sarajevo, <b>BOSNIA HERZEGOVINA</b>	